

[insert a nice photo if available]

Your Name

CERTIFICATIONS & TRAINING

- DONA International Postpartum Doula training Workshop/ Completed March 2011
- Breastfeeding education certificate (February 2011)
- Infant CPR certified (on-going & up to date)

WORK EXPERIENCE

Private family December 2015- Feb 2016
Postpartum care for a single baby, helped assist with bottle feeding throughout the night and soothing newborn back to sleep. I also helped with sleep training.

Private family Oct 2015- December 2015
Postpartum help during the day for a single with acid reflux whom I had to assist with daytime routine feedings helping the baby become comfortable for feedings and helping with long periods of fussiness. I assisted with breastfeeding education, Nap routines, and general newborn care.

Private family July 2015- October 2016
Postpartum care for a single baby for 12 weeks, helped with overall newborn care, bottle feedings, breastfeeding education. Lastly helped parents create a day/night sleeping schedule to utilize sleep training.

Private family February 2015- April 2015
Postpartum care for single baby for 10 weeks, helped with breastfeeding education, sleep training and day schedule. I help assist overall baby care during the night, soothing back to sleep, acid reflux etc.

Private family November 2014-January 2015
Post-partum care for a single baby for 12 weeks. The care that was giving was general information about taking care of an infant, breast feeding education; sleep training and giving support to the mother after birthing.

Private family July 2014- October 2014
Postpartum care for twins and I was with them for 16 weeks. All care included nightly feedings, baby care, breast feeding education, sleep training and daytime scheduling.

EDUCATION

Chabot College

Hayward, CA

Degree earned: Associates of Arts in Liberal Studies (June 2006)

Mission College

Santa Clara, CA

Degree earned: Registered Nursing