FULL NAME

**Job Title**

(Location)

*About you, special skills, personality traits, things that set you apart from the competition ie:*

*Compassionate and dependable caregiver/companion with extensive experience providing personalized support and companionship to individuals in private households. Skilled in assisting with daily routines, medication reminders, transportation, and light housekeeping while fostering a sense of dignity, comfort, and independence. Known for patience, empathy, and the ability to build trusting relationships with clients and their families. Adept at recognizing changing needs, coordinating with medical professionals, and creating a safe, nurturing environment. Committed to delivering attentive, respectful care with professionalism, discretion, and heartfelt dedication.*

**QUALIFICATIONS**

*These are examples, please provide your own;*

* Certified in CPR and First Aid, with a strong understanding of emergency response and safety protocols
* Experienced in providing compassionate care for seniors and individuals with mobility, memory, or medical challenges
* Skilled in assisting with activities of daily living (ADLs), including bathing, grooming, dressing, and meal preparation

**EXPERIENCE**

**The A Family**  **March 2023 – Current**

Full-Time Caregiver New York, NY

Illness of Principal: Dementia – Age 92

Schedule: Monday-Friday 7am-7pm

Job Duties:

* Provide gentle, structured daily support including assistance with personal care, meal preparation, and medication reminders, while maintaining a calm and reassuring presence
* Engage the principal in meaningful, stimulating activities such as conversation, music, puzzles, or walks to support cognitive function and emotional well-being
* Ensure a safe home environment by managing fall risks, monitoring for signs of confusion or distress, and maintaining consistent routines
* Communicate regularly with family members and healthcare providers to report changes in behavior, health, or needs, and to support continuity of care

Reason for Leaving: Principal was moved to a 24-hour care facility

**Family Name**  **Dates Worked**

Position Location of the Home

Illness of Principal: xyz

Schedule: xyz

Job Duties:

* One
* Two
* Three
* Four

Reason for Leaving: xyz

**Family Name**  **Dates Worked**

Position Location of the Home

Illness of : xyz

Schedule: xyz

Job Duties:

* One
* Two
* Three
* Four

Reason for Leaving: xyz

*Continue this for all positions worked spanning the past ten years*

**EDUCATION OR CERTIFICATION**

**Institution Name**  **Years Attended**

Degree of Study Degree Received

* Any pertinent details like groups organized or led, special programs like study abroad, memberships, mentions of honors, etc.

**ADDITIONAL QUALIFICATIONS**

* CPR Certified
* Dementia Care Certification (e.g., through the Alzheimer’s Association or CARES® Dementia Specialist Program)